



Social Accountability Statement – 2019

Trinity Care Center (TCC) has been a vital partner of the Farmington community since its opening of the skilled nursing facility in 1968. Originally, as part of a hospital corporation, it has a large contingent of volunteers from the community who have provided support and encouragement. Farmington Health Services (FHS), the corporation that operates both Trinity Care Center, Trinity Terrace (Independent and Assisted Living) and Trinity Suites (Memory Care), has a symbiotic relationship with the community, accepting the support of the community and returning the favor back to the community, which helps make Farmington a better place to live. Volunteers and visitors are able to participate in the many recreational and social activities within FHS which helps maintain our residents and tenants integrated in community activities.

Our Mission: Expressing Christ’s love by providing care that values every human life.

St. Francis Health Services owns and operates Farmington Health Services, which does business as Trinity Care Center, and is sponsored by the Catholic Diocese of St. Cloud. We are dedicated in promoting the Ethical and Religious Directive for Catholic Health Care services.

Core Values:	
Integrity	We faithfully adhere to high principles and professional standards.
Commitment	We dedicate ourselves to those we serve.
Respect	We value and treat each individual with compassion and dignity.
Excellence	We have the passion to do our best.
Service	We deliver what has not been done, before it is expected.
Stewardship	We wisely employ the talents, resources, and relationships entrusted to us.

An example of this commitment to excellence is the implementation of the “Nursing Facility Performance-Based Incentive Payment Program” (PIPP) grant awarded by the MN Department of Human Services (DHS). The funds of the grant will be used for a project entitled: Nutrition and Optimal Weight (NOW) project.

Trinity will work collaboratively with related SFHS long term care centers to improve the overall dining experience and the nutritional status of individuals receiving services. The NOW Project is a result of SFHS’s long term care collaborative being awarded a Minnesota Nursing Facility Performance-based Incentive Payment Program (PIPP) grant by the Minnesota Department of Human Services (DHS).

The goal is to reduce the number of residents experiencing unexplained weight loss, increase resident and family food satisfaction, improve resident's overall nutritional status, and to allow individuals receiving services to achieve optimal health, functioning, and wellbeing.

The NOW Project will provide Trinity with additional resources to make positive system improvements to support good nutritional outcomes for individuals receiving services, focusing on each individual's preferences and needs. A big component will be implementing the Kind Dining program to improve dining room service. We hope to create an optimal environment in which food can be enjoyed.

Implementation of the NOW Project began January 1, 2019 and will continue through December 31, 2020.

Promoting Economic Development

TCC seeks to purchase locally whenever possible. Last year, Trinity Campus purchased over \$100,000.00 in goods and services from local businesses. Following is a list of area businesses TCC has purchased services or products:

- Airway Inc.
- Al's Lock and Key
- Bischel Building
- City of Farmington
- Crest Exteriors
- Dakota County Agricultural Society Inc.
- Dakota Logo, LLC
- Dryer Vent Wizard
- Empire Floor Covering
- Family Fresh Market
- Farmington Bakery
- Farmington Business Association
- Farmington Community Education
- Farmington Fairgrounds
- Farmington Independent
- Farmington Liquors
- Farmington Printing
- Full Service Battery
- Gerster's Jewelry
- Groens Vacu-Man Inc.
- Hedlund Irrigation & Landscaping, Inc.
- Heikkila Studios
- Helm Electric
- Kwik Trip
- Longbranch Saloon & Eatery
- Peine Plumbing & Heating Inc
- Pellicci Ace Hardware
- Peterson Auto Shop
- Piano Technicians
- Pizza Man
- Prime General
- Rambling River Center
- Rotary Club of Farmington
- South Cedar Greenhouse
- Southern Hills Golf Club

Additionally we refer many outpatient clients and families to local businesses.

- Allina Medical Clinic, Farmington
- Corner Medical, Apple Valley
- Hanger Prosthetics & Orthotics, Burnsville
- River Valley Home Care, Farmington
- Darts, Apple Valley

TCC employs over 200 individuals and of these employees, 80% or more are from the local (Farmington, Lakeville, Rosemount) area. Last year, Trinity Campus was the 3rd largest employer in Farmington.

SFHS, our parent corporation, paid over \$5.5 million in wages and benefits to staff last year.

Providing Quality Care and Services for Older Adults

Farmington Health Services consists of a 84 bed skilled nursing facility, a 54 unit Independent/Assisted Living Center, and a 10 unit Memory Care Center. The facility provides medical, social, and spiritual care to its residents without regard to race, color, creed, or national origin, in furtherance of the organization's exempt status. During the current reporting year, the organization had 18,000 patient days and provided services to more than 160 patients in the Nursing Home of which nearly 50% came specifically to receive rehabilitative services to regain their strength and independence. More than half of those clients were able to return home. Trinity Campus provided housing for more than 60 tenants at the Independent/Assisted Living and Memory Care Centers.

On a given year, Trinity Care Center and our therapy partner, Big Stone Therapies provides physical, occupational and speech therapy services to over 100 community members on an outpatient basis. We are able to provide therapies for:

- Orthopedic Injuries
- Back and Neck Injuries
- Sports Related Injuries
- Amputations
- Spinal Dysfunction
- Chronic Pain
- Big/Loud Parkinson's Therapy
- Fall prevention
- Deconditioning
- Cognitive Communication Disorders
- Activities of Daily Living – Dressing, Grooming, bathing, and toileting
- Stroke
- Hip Fractures
- Speech Disorders
- Swallowing Disorders
- Post-Surgical Conditions
- Neurological Disorders
- Vestibular Rehabilitation
- Lymphedema Treatment
- TMJ/Craniofacial Pain
- Balance Deficits

Trinity has a solid, reputable activity program that is warmly open to the public. Our extensive volunteer group is part of this wonderful program.

- Weekly Bingo (at least 3x)
- Brain Aerobics (Trivia, higher education, creative writing)
- Reminisce, Memory Lane
- Sing-a-longs
- Daily Exercise
- Intergenerational Happy Hour
- Weekly Music Programs
- Weekly Card Playing/Crossword Puzzles
- Weekly Movies
- Happy Hour
- Weekly Baking/Cooking
- Bi-monthly "hired" bands, magicians
- Indoor Outings
- Outings to Local Farms, Restaurants, Shopping trips and much more!
- Manicures
- Pet visits/In-house Aviary & Aquarium
- Weekly Crafts & Jewelry Making
- Themed Socials
- Monthly Veteran Coffee Chats and visits from Project Veterans

Recognizing Spiritual Needs and Individuality

Upon admission, residents are assessed for their spiritual needs. Our job & mission is to accommodate these needs. Our Chaplain is at Trinity two days a week, visiting with residents and leading non-denominational services. Our Care Center is visited and supported loyally by many members of the community churches, as follows:

- All Saints Catholic Church
- Bethlehem Lutheran
- Bethel's Rock
- Bible Baptist
- Church of Jesus Christ Latter Day Saints
- Church of the Advent
- Community of Hope
- Faith United Methodist
- Farmington Lutheran Church
- Grace Community Bible Church
- Highview Christiania
- Hope Lutheran
- Hosanna!
- Light of the World
- Lord of Life Lutheran Church
- Real Tree Church
- St. Joseph Catholic Church
- St. John's Lutheran Church
- St. Michaels Catholic Church
- Shepherd of the Valley
- Trinity EFC
- Trinity Lutheran Church

We also offer spiritual activities most every day of the week. They include, but are not limited to the following:

- Mass (1X/month)
- Rosary (weekly)
- 1-1 Rosary visits 2-3x/week
- 1-1 visits with Chaplain Pastor Bob 1/week
- Pastor Bob's Bible Study
- Bible Study & Devotions
- Hymn Sing & Hymn Singers
- Numerous Bible Studies led by various churches
- Church every Sunday
- Quarterly Remembrance Services

Providing Access to Educational Opportunities

Within the last year, TCC awarded over \$20,000 in scholarships to employees to further their education at local colleges. In past years, scholarships have been given for those obtaining Licensed Practical Nursing and Registered Nursing degrees. Scholarships can be used to pay the cost of tuition and books for our employees. Individuals who acquire their CNA certificates are eligible for full reimbursement including tuition and cost of books.

Trinity Care Center encourages employees and others community youth to consider careers in aging services. TCC also assists the local colleges with on-site training programs. Several classes of Certified Nursing Assistant (CNA) and Licensed Practical Nurses (LPN's) do onsite training throughout the year. This is hands-on training with the residents we serve.

Employees of TCC have the opportunity to attend multi-session leadership training that is sponsored by the parent corporation, St. Francis Health Services of Morris, MN. The World Class Leadership program facilitates this education and the training is offered on a yearly basis.

TCC works with the Farmington School District to provide opportunities for students to experience long term care. For many youth, this is their first opportunity to experience life in a long term care community. This positive experience often changes their attitudes toward “old people”.

Helping Community Members in Need

Trinity Care Center has a solid foundation in Farmington that supports its community.

Trinity Care Center encourages integration of services between our care center and the community at large. Developmentally disabled students are welcomed into our home to allow them the opportunity to become comfortable around seniors and non-controlled environments. This experience also permits our residents and staff to develop an understanding of the difficulties these young people have in normal activities of daily living. These shared experiences develop compassion and empathy in our residents and staff.

Serving as Active Community Members

TCC employees are active members of their community, participating in area churches, school events and fraternal and social groups. In the past year, TCC has sponsored various events through the Chamber of Commerce, Music in the Park with the City of Farmington, Rotary related events, Senior Center and Farmington Business Association.

Volunteerism

Each and every year, countless volunteers donate endless hours to our residents here at Trinity. These volunteers assist with activities, special events, outings, projects and 1-1 interaction with the residents. In a typical year we amass over 4000 hours of volunteer support. The following is a list of activities provided by our dedicated group of volunteers:

- Community Work Service
- Manicures
- Pet therapy Visits
- Rosary/Catholic Mass
- Protestant Services
- Crafts and Jewelry Making
- Women’s Tea
- Special Music programs
- Brain Aerobics/Word Finds
- Veteran Events
- Church Services by numerous denominations
- 1 to 1 visits
- Hymnal Singers
- Happy Hour
- Active Games
- Red Hat Society
- Bingo
- Board/Card Games

Volunteers are also generous participants on our fundraising projects.

Trinity Care Center has attained high marks on the Minnesota Department of Health Surveys conducted annually. In 2019, Trinity received high marks on their Minnesota Department of Health annual survey. This is a special achievement attesting to the excellent quality of care provide by our outstanding staff members.

For More Information			
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